

Daily Prayers

*A Collection of Franciscan Prayers
for Daily Recitation*

Compiled from the Writings of St. Francis of Assisi & Other Sources

MORNING PRAYERS

An Exhortation to praise God

by St. Francis of Assisi

Fear the Lord and give Him honor (Apoc. 14:7).

Worthy is the Lord to accept praise and honor (cf. Apoc 4:11).

All who fear the Lord, praise Him (cf. Ps 21:24).

Hail Mary, full of grace, the Lord is with Thee (Lk 21:24).

Praise Him, Heaven and Earth (cf. Ps 68:35).

Praise the Lord, all you rivers (cf. Dan 3:78).

Bless the Lord, you sons of God (cf. Dan 3:82)

This is the day which the Lord has made, let us exult and be glad in it (Ps. 117:24).

Alleluia, * Alleluia, * Alleluia! King of Israel! (Jn 12:13)

Every spirit praise the Lord (Ps. 150:6).

Praise the Lord, since He is Good (Ps. 146:1). All you who read this, bless the Lord (Ps. 102:21).

All you creatures bless the Lord (cf. Ps. 102:22).

All you birds of heaven praise the Lord (Dan 3:80; cf. Ps 148:7-10).

All you children praise the Lord (cf. Ps 112:1).

You youths and virgins praise God (cf. Ps 148:12).

Worthy is the Lamb, who was slain, to receive praise, glory and honor (cf. Apoc 5:12).

Blest be the Holy Trinity and undivided Unity.

St. Michael the Archangel defend us in battle.

The Praises of God Most High

by St. Francis of Assisi

Thou art the Holy Lord, the only God, who works miracles (Ps 76:15).

Thou art strong, Thou art great (cf. Ps 85:10), Thou art the Most High, * Thou art the Omnipotent King, Thou Holy Father (cf. Jn 17:11) King of Heaven and Earth. (Mt 11:25).

Thou art Three and One Lord, God of gods (cf. Ps 135:2), * Thou art good, all good, the Highest Good, * Lord God living and true (cf. 1 Thes 1:9).

Thou art Love; Thou art Wisdom, Thou art humility, * Thou art patience (Ps 70:5), Thou art Beauty, Thou art gentleness; * Thou art security, Thou art quiet, Thou art joy; * Thou art our Hope and gladness, Thou art justice, * Thou art temperance, Thou art all our riches unto sufficiency.

Thou art beauty, Thou art gentleness, Thou art Protector (Ps 30:5), * Thou art guard and our defender, * Thou art fortitude (cf. Ps 42:2), Thou art refreshment.

Thou art our hope, Thou art our faith. Thou art our charity, * Thou art our entire sweetness, Thou art our eternal life: * Great and admirable Lord, God Omnipotent, merciful Savior.

The Praises to be said at every Hour

by St. Francis of Assisi

Most Holy, Our Father who art in heaven...
Glory be...

Holy, holy, holy, Lord God Omnipotent, who is and who was and who is to come (cf. Apoc 4:8):

And let us praise and exalt Him above all throughout the ages.

Worthy are Thou, Lord Our God, to accept praise, glory and honor, and blessing (cf. Apoc 4:11):

And

Worthy is the Lamb, who has been slain to accept virtue and riches and wisdom and fortitude and honor and glory and blessing (Apoc 5:12):

And ...

Let us bless the Father and the Son with the Holy Spirit.

And ...

All you works of the Lord bless the Lord (Dan 3:57):

And ...

Recite praise to Our God all you His servants and you who fear God, the very little and the great (cf. Apoc 19:5):

And ...

Praise Him, the Glorious One, you heavens and earth (cf. Ps 68:35):

And ...

And every creature, which is in Heaven and upon the earth and which is beneath the earth and the sea and those which are in it (cf. Apoc 5:13):

And ...

Glory be to the Father and to the Son and to the Holy Spirit:

And ...

As it was in the beginning, is now, and will be always and unto the ages of ages. Amen.

And ...

Let us pray.

Omnipotent, Most Holy, Most High, and Highest God, * all good, Highest Good, wholly good, who alone is good (cf. Lk 18:19), * to Thee do we render every praise, every glory, every thanks, every honor, every blessing and all goods. * Let it be. Let it be. Amen.

A Salutation to the Blessed Virgin Mary

by St. Francis of Assisi

Hail Lady, Holy Queen, Holy Mary Theotokos, * who art the Virgin made church and the One elect by the Most Holy Father of Heaven, * whom He consecrated with His Most Holy beloved Son and with the Holy Spirit, the Paraclete; * Thou in whom was and is all fulness of grace and every good.

Hail His Palace;
Hail His Tabernacle;
Hail His Home.

Hail His Vestment;
Hail His Handmaid;
Hail His Mother

And hail all you holy virtues, which through the grace and illumination of the Holy Spirit * are infused into the hearts of the faithful, * so that from those unfaithful you make them faithful to God.

PRAYERS FOR CHURCH

Prayer on Sighting a Church or Cross

by St. Francis of Assisi

We adore Thee, Lord Jesus Christ, * and for all Thy churches, which are in the whole world, we also bless Thee, * because by Thy Holy Cross Thou has redeemed the world, *with Mary*.

Prayer on Entering a Church

where the Most Blessed Sacrament is reserved

O Sacred Banquet in which Christ is received, * the memory of His Passion is renewed, * our souls are filled with grace * and a pledge of future glory is given to us!

V.: Thou has given them Bread from heaven!

R.: The Bread that has all sweetness within!

Let us pray.

O God * who in this wonderful Sacrament has left us a memorial of Thy Passion, * grant we beseech Thee, that we may so venerate the Sacred Mysteries of Thy Body and Blood, * as to come to experience the Fruit of Thy redemption, * who livest and reignest forever and ever. Amen.

A Spiritual Communion

Together with Mary

O Immaculate Queen of Heaven and Earth, Mother of God and Mediatrix of every grace: * I believe that Thy dearly beloved Son, Our Lord Jesus Christ, * is truly, really, and substantially contained in the Most Blessed Sacrament. * I love Him above all things and I long to receive Him into my heart. * Since I cannot now receive Him sacramentally, be so good as to place Him spiritually in my soul.

O my Jesus, I embrace Thee as One who has already come, * and I unite myself entirely to Thee. * Never permit me to be separated from Thee. Amen.

A Prayer before a crucifix

by St. Francis of Assisi

Most High, glorious God, * enlighten the shadows of my heart, * and grant unto me a right faith, a certain hope and perfect charity, * sense and understanding, Lord, * so that I may accomplish Thy holy and true command.

Prayer of Thanksgiving After Mass

by St. Bonaventure

Pierce, O most sweet Lord Jesus, * my inmost soul with the most joyous and healthful wound of Thy love, and with true, calm and most holy apostolic charity, * that my soul may ever languish and melt with entire love and longing for Thee, * may yearn for Thee and for Thy courts, may long to be dissolved and to be with Thee. * Grant that my soul may hunger after Thee, the Bread of Angels, the refreshment of holy souls, * our daily and supersubstantial bread, having all sweetness and savor and every delightful taste. * May my heart ever hunger after and feed upon Thee, Whom the angels desire to look upon, * and may my inmost soul be filled with the sweetness of Thy savor; * may it ever thirst for Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, * the torrent of pleasure, the fulness of the house of God; * may it ever compass Thee, seek Thee, find Thee, * run to Thee, come up to Thee, meditate on Thee, * speak of Thee, and do all for the praise and glory of Thy Name, * with humility and discretion, with love and delight, with ease and affection, with perseverance to the end; * and be Thou alone ever my hope, my entire confidence, my riches, my delight, * my pleasure, my joy, my rest and tranquility, * my peace, my sweetness, my food, my refreshment, * my refuge, my help, my wisdom, * my portion, my possession, my treasure; * in Whom may my mind and my heart be fixed and firm and rooted immovably forever. Amen.

NIGHT PRAYERS

Prayer for Final Perseverance

by St. Francis of Assisi

Omnipotent, Eternal, just and merciful God, * grant to us wretches that doing for Thy very own sake, what we know Thou doest want, * and always wanting, what pleases Thee, * as ones interiorly cleansed, interiorly illumined, and inflamed with the fire of the Holy Spirit, * we may be able to follow the footsteps of Thy Beloved Son, Our Lord Jesus Christ, * and attain to Thee, Most High, by Thy grace alone, * who in perfect Trinity and simple Unity live and reign and are glorified as the omnipotent God, through all the ages of ages. Amen.

A Spiritual Communion at the End of the Day

by St. Conrad of Parzham

I have come to spend a few moments with Thee, O Jesus, * and in spirit I prostrate myself in the dust before Thy Holy Tabernacle * to adore Thee, my Lord and God, in deepest humility. * Once more a day has come to its close, dear Jesus, * another day which brings me nearer to the grave and my beloved heavenly home. * Once more, O Jesus, my heart longs for Thee, the true Bread of Life, which contains all sweetness and relish. * O my Jesus, mercifully grant me pardon for the faults and ingratitude of this day, * and come to me to refresh my poor heart which longs for Thee. * As the hart pants for the waters, as the parched earth longs for the dew of heaven, even so does my poor heart long for Thee, Thou Fount of Life. *
(moment of silence) * I love Thee, O Jesus, I hope in Thee, * I love Thee, and out of love for Thee I regret sincerely all my sins. * May Thy peace and Thy benediction be mine now and always and for all eternity. Amen.

Prayer for the Restoration and Unity of Holy Mother Church

O Immaculate Mother of God and Our Mother Mary, * Mediatrix of every grace and Corredemptrix of mankind: * as Thou didst gaze upon Thy Most Beloved Son, filled with suffering and ignominy upon His Holy Cross, * on account of His most tender and loving compassion for us poor sinners, * deign in Thy great Maternal sollicitude for us Thy children, to obtain from Him every grace and mercy, * so that fortified in the unity of the One True Faith and restored to the bonds of charity and authentic worship, * His Virgin Bride, Our Mother the Church, may once again offer to the Eternal Father, * through the ministry of His sacred priests, * the holy, immaculate, and pure offering of His Body and Blood, * in propitiation for our sins and those of the whole world. * We ask this through Our Lord Jesus Christ, who livest and reignest with the Father and the Holy Spirit, God forever and ever. Amen.

Prayer to Our Lady before Compline

by St. Francis of Assisi

Holy Virgin Mary, * there is none like unto Thee born in the world among women, * Daughter and Handmaid of the Most High, the Highest King, the heavenly Father, * Mother of Our Most Holy Lord Jesus Christ, * Spouse of the Holy Spirit: * pray on our behalf with St. Michael the Archangel and all the Virtues of Heaven and all the Saints * before Thy Most Holy Beloved Son, the Lord and Master. — Glory to the Father. As it was.

Exposition of the Our Father

by St. Francis of Assisi

O Most Holy **Our Father**: Creator, Redeemer, Consoler and Our Savior.

Who art in Heaven: in the Angels and in the Saints; enlightening them unto knowledge, because Thou, Lord, art Light; inflaming them unto love, because Thou, Lord, art Love; indwelling and filling them unto blessedness, because Thou, Lord, art the Highest Good, the Eternal One, from whom is every good, without whom nothing is good.

Hallowed be Thy Name: may the knowledge of Thee in us be made bright, so that we may know, what is the breadth (cf. Ep 3:18) of Thy benefactions, the length of Thy promises, the sublimity of Thy Majesty and the depth of Thy judgments.

Thy Kingdom come: so that Thou may reign in us by grace and make us come unto Thy Kingdom, where vision of Thee is made manifest, love of Thee made perfect, company with Thee blessed, enjoyment of Thee everlasting.

Thy will be done on earth as it is in Heaven: so that we may love Thee with our whole heart (cf. Lk 10:27) by thinking of Thee always, with our whole soul by desiring Thee always, with our whole mind directing unto Thee all our intentions, by seeking Thy honor in all things and with all our strength by expending all our strength and sense of soul and body in submission to Thy love and not in anything else; and may we love our neighbors even as our very selves by drawing all to Thy love to the extent of our strength, by rejoicing over the good things of others just as over our own and by compassionating (them) in evils and by giving offense to no one (cf. 2 Cor 6:3).

Give us this day, Thy Beloved Son, Our Lord Jesus Christ, **our daily Bread**: to remember and understand and reverence the love, which He had for us, and those things, which He said, did, or endured on our behalf.

And forgive us our debts: by Thy ineffable mercy, through the virtue of the Passion of Thy Beloved Son and by the merits and intercession of the Blessed Virgin and all Thy elect.

As we also forgive our debtors: and what we do not fully forgive, Lord make us fully forgive, so that we may truly love our enemies for the sake of Thee and intercede devoutly on their behalf with Thee, rendering to none evil for evil (cf. 1 Thes 5:15) and striving in all things to advance unto Thee.

And lead us not into temptation: hidden or manifest, sudden or importune.

But deliver us from evil: past, present, and future. — Glory to the Father

This document is released to the Public Domain