



more  
fervent in  
**PRAYER**



more  
generous  
in works of  
**CHARITY**



more  
eager in cele-  
brating the  
**MYSTERIES**  
by which we  
are reborn

St Mary's  
**Attleborough**  
with All Saints' Besthorpe

# Lent 2016

*Grant that we, walking in the way  
of the Cross, may find it none other  
than the way of life and peace...*

And now we give you thanks because you give us the **spirit of discipline**, that we may triumph over evil and **grow in grace**, as we prepare to **celebrate the Paschal mystery with mind and heart renewed**. From the Preface in the Eucharistic Prayer during Lent

## Ash Wednesday

10 February

*Make a good start*

**10am**

**Holy Communion**

*with Imposition of Ashes*

**7.30pm**

**Sung Eucharist**

*with Imposition of Ashes*

## Join us on Sundays

**8am** Holy Communion

**10am** The Parish Eucharist  
*with Sunday Club on 21 February, 6 and 20 March, and supervised children's activities every other Sunday*

**11.30am** Holy Communion  
*at All Saints' Church, Besthorpe on 21 February, 6, 20 and 27 March*

**6.30pm** Evening Prayer  
*Choral Evensong on 28 February*

## Weekday worship

**Monday to Saturday**

**8.45am** Morning Prayer

**5pm** Evening Prayer

**Wednesdays in Lent**

**7pm** Holy Communion

**Thursday**

**10am** Holy Communion

*St Mary's Church is open for private prayer all day, every day: come in to pray*

## Lent appeal

The Diocesan Lent Appeal is raising money for **Christ the King School in Orobada, Papua New Guinea**. Your gifts will be used to build and equip a block of two classrooms, provide educational materials, set up a bursary scheme to allow more children to attend school, and contribute to fairer conditions for teachers. Save change during Lent and then pick up a GiftAid envelope from church, or text '**Lent01 £5**' to **70070** to donate £5.

# Many gifts, one Spirit

How the Gospel impacts lives in unfamiliar places

*A series of speakers for Lent 2016*

**Wednesday evenings at St Mary's**

7pm Holy Communion in church • 7.30pm coffee  
7.45pm Talk, questions and discussion, finishing 9pm  
Compline at 9.15pm for those who would like to stay

- 17 February      **The Gospel... one heart at a time**  
Clare Gardom  
*Teacher; Resident at L'Arche Inverness 2010-11*
- 24 February      **The Gospel... behind bars**  
The Revd Dr Arnold Browne  
*Chaplaincy Team, Her Majesty's Prison Norwich*
- 2 March            **The Gospel... and healing**  
The Rt Revd Peter Fox  
*former Bishop of Port Moresby, Papua New Guinea;  
Vicar of the Lakenham Group*
- 9 March            **The Gospel... on the streets**  
Roy Forder and Andy Driver  
*Norfolk Street Partnership*
- 16 March          **The Gospel... changing lives in Lesotho**  
David Brand  
*Community Fundraising Manager for the United Society  
(formerly USPG)*

'Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone.'

*1 Corinthians 12.4-6*

# Stations of the Cross

**Every Friday in Lent**  
**6.45pm**

St Mary's Church

*A simple service walking with  
our Lord Jesus along the Way  
of Sorrows, lasting 40 minutes*

# Read something new

*Lent books on sale  
in St Mary's on Sundays  
from 24 January*

Buy something new to read  
for the season to help you  
grow in faith

# Keep in touch

[attleboroughchurch.org.uk](http://attleboroughchurch.org.uk)

01953 454977

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# Holy Week

*The heart of the Christian year  
and the Christian life: don't miss it!*

**Palm Sunday • 20 March**

**8am** Holy Communion

**9.50am Procession of Palms and  
the Parish Eucharist**

**11.30am** Holy Communion

*at All Saints' Church, Besthorpe*

**6.30pm** John Stainer's 'The Crucifixion'

*A devotion for choir and congregation*

**Monday, Tuesday, Wednesday**

**8pm** Holy Communion and Address

**10pm** Compline

**Maundy Thursday • 24 March**

**10am** Holy Communion

**8pm Eucharist of the Lord's Supper**  
*followed by the Watch until midnight*

**Good Friday • 25 March**

**11.30am** Act of Witness (*Queen's Square*)

**1pm** Stations of the Cross

**2pm** The Last Hour

**8pm** Compline

**Easter Eve • 26 March**

**8pm** The Easter Vigil

**Easter Day • 27 March**

**8am** Holy Communion

**10am** The Parish Eucharist

**11.30am** Holy Communion

*at All Saints' Church, Besthorpe*

**6.30pm** Evening Prayer